

Second Sunday

Open House

Sunday, September 11, 2:00 - 4:00 pm
SAGE Upstate Center

Lunch & Learn 9/27

11:30 in the SAGE Upstate Center

What you need to know about
Medicare Annual Enrollment



Inside:

- Program Calendar
- SAGE goes to the theater
- Website notifications for when a program participant tests positive for COVID after a program
- Unclobber: Book discussion on how the Bible has been misused in relation to homosexuality

Second Sunday is Live (and on Zoom)

Second Sunday With SAGE in September is meeting in person in the form of an Open House -- you can also participate on Zoom.

And that's not all ... SAGE is celebrating its 25th Anniversary! Come to the Open House on Sunday September 11. Drop in any time between 2 and 4 pm, either online or in person. Starting at 2:30, we'll have an informal discussion where people can share their memories of SAGE over the years. If you'd rather write your memories down, there will be cards for that. We'd also like to hear your ideas about how to celebrate 25 years. We envision marking this milestone in a number of ways this Fall through next Spring.

There will be snacks and beverages at the Open House and plenty of time for socializing. No need to bring anything but a few conversation topics, a few smiles, and a few ideas.

If you have photos and would be willing to share them, please contact us. You can email digital photos to kdill@sageupstate.org, or let us borrow your pictures so we can scan them. A slideshow of photos over the years will be a part of the Open House and other events.

We ask that participants be fully vaccinated. Masks are recommended but not required. Masks and hand sanitizer will be available.

Lunch & Learn 9/27, 11:30: Medicare Annual Enrollment

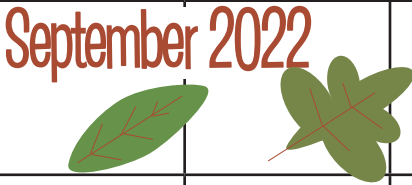


Medicare Open Enrollment Enrollment is coming up in October. This month's Lunch & Learn gives us tools and information to enroll. Taylor Frawley, Aging Specialist at the Onondaga County Department of Long Term Care Services, will discuss Medicare in general, what's new for 2022, choosing the right plan, and more to get you ready for enrollment. Join us Thursday, September 27 at 11:30 am in the SAGE Upstate Center. Lunch will be provided. Please RSVP (deadline Friday, 9/23) to Trish, including any dietary restrictions. Email to tjohnson@sageupstate.org or call/text to 315-282-5428.

Socials in Oswego & Utica

The **Utica** Social has moved to the First Saturday at 2:00 pm, and people are still gathering at the UU at 10 Higby Rd.

The **Oswego** Social is still looking for a permanent space. This month, folks will be meeting at Rudy's on Friday, September 9 at 10:30 am.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10 am Walking Group 6:00 Dinner Group	2 3:00 pm 1st Friday Social	3 Utica Social
4	5 6:00 pm Monday Men's Group	6	7 5:30 Writers 7:00 Knitters	8 10 am Walking Group	9 10:30 am Oswego Social	10
11 2nd Sunday Open House 2:00 pm	12 11:00 am Fitness Class 6:00 pm Men's Group	13	14 9:30 Breakfast Club 5:30 Writers 7:00 Knitters	15 10 am Walking Group	16 11:00 am Fitness Class	17 7 pm Trans Social
18	19 11:00 am Fitness Class 6:00 pm Men's Group	20	21 12:30 Out for Lunch 5:30 Writers 7:00 Knitters	22 10 am Walking Group	23 11:00 am Fitness Class	24
25	26 11:00 am Fitness Class 6:00 pm Monday Men's Group	27 11:30 Lunch & Learn: Medicare 6:00 pm SAGEVets	28 5:30 Writers 7:00 Knitters	29	30 11:00 am Fitness Class	



In person only



On Zoom Only



In Person & Zoom

Breakfast Club, 2nd Wednesday, 9:30. SAGERS meet for lunch. To be added to list: 315-478-1923 email kdill@sageupstate.org. Reservations required. See page 3 for location.

Drop-In Hours at the Center, 3:00 pm to 6:00 pm, every Tue, Wed, Thu. Need to come a different time? Just call.

Falls Prevention Fitness Class: Starting Monday 9/12, the group will be meeting in person and online Mondays and Fridays at 11 am. Meeting ID # 894 0192 9890 Passcode: 1969

First Friday Social, every first Friday at 3:00 in the Center-- games and socializing. In person only.

Knitting & Fiber Arts, Wed at 7 pm. Fiber arts & conversation. Meeting ID: 812 6815 6658 Passcode: 1969

Lunch and Learn: Medicare Annual Enrollment, 11:30 am. Please sign up with Trish in advance (and share any dietary restrictions): tjohnson@sageupstate.org or 315-315-282-5428. This event is free. See p. 1 for info.

SAGEVets: 4th Tuesday, 6:00 pm. LGBTQ Vets meet for socializing, info on benefits, and resource sharing. Meeting ID: 871 5736 4984 Passcode: 1969

Second Sunday Open House, Sunday 9-11, 2- 4 pm in the SAGE Upstate Center. Snacks, socializing, and sharing SAGE memories (see p 1) Meeting ID: 893 1950 6041 Passcode:1969

Oswego Social, 9-9, 10:30 am. As we work on finding a permanent meeting space, we'll be meeting at Rudy's Lakeside Drive-In, 78 Co Rte 89 in Oswego.

Out For Lunch 3rd Wednesday, 12:30. SAGERS meet for lunch. To be added to the list: 315-478-1923 email kdill@sageupstate.org. In person. Reservations required. See p 3

Out For Dinner, 1st Thurs, 6 pm. SAGERS meet for dinner. To be added to list: 315-478-1923 or kdill@sageupstate.org. Reservations required. See page 3 for location.

Trans Social, 3rd Sat, 7 pm: Trans-identified people meet for socializing & support. Meeting ID: 896 9963 6095 Passcode: 1969

Utica Social: Join SAGE folks from Utica on August 6, 2- 4 pm at Utica Unitarian, 10 Higby Rd. Picnic.

Walking Group, Thursdays at 10 am, meet at Onondaga Lake Park, or Destiny. See Facebook for location

COVID Notifications: When a program participant tests positive for COVID, SAGE will post the info on the SAGE Upstate Website. (NO NAMES -- those who report will be completely anonymous) To access the info: visit sageupstate.org and on the home page, click on the button that says "check on COVID notifications here." Find more info at the CDC: www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html

Dining OUT with your SAGE Friends

SAGE friends meet 3 times per month at local restaurants-- once for dinner, once for breakfast, and once for lunch. Would you like to receive emails about these events? Contact Kim at 315-478-1923 or kdill@sageupstate.org. Your info will be passed on to Ron, who leads these groups. Here are this month's locations: 9/1 Dinner , 6:00 pm, **Wolf's Den** (617 Wolf St.) at 6 pm. 9/14: Breakfast, 9:30 am, **Market Diner** (2100 Park) 9/21: Lunch, 12:30 pm, **Olive Garden** (3147 Erie Blvd East) **To arrange for your seat at the table, RSVP** to Ron or contact Kim at 315-478-1923 or kdill@sageupstate.org.

Want to go to a play with SAGE friends?

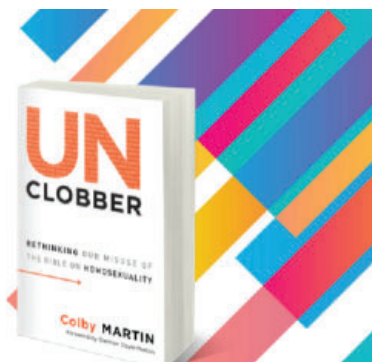
SAGE at the Theater: Discount tickets, local theater, and SAGE friends-- what's not to like?

At Syracuse Stage, it's How To Dance In Ohio' on Wednesday, September 28, 2:00 pm. The show will be followed by a lecture about the play. The group discount is \$30 per ticket, but an anonymous benefactor will take care of \$10 of your costs. You can reserve your seat for just \$20.

At Redhouse Arts Center, it's a performance of Angels in America on October on 15 or 22. The group cost is \$35, but our benefactor will take \$15 off. You can reserve your seat for \$20.

If even after the discounts, the price is too much, let us know and we can help. To sign up: kdill@sageupstate.org or 315-478-1923.

Unclobber:
Rethinking our misuse of
the Bible on homosexuality



Interested in a conversation about how the Bible has been misused in relation to homosexuality? All participants receive a copy of the book to read and explore during this 8-week discussion program, which starts October 4 at 7 pm, and will be held at the Oneida Public Library, 459 Main St, Oneida. RSVP to Trish at tjohnson@sageupstate.org. Space is limited.

SAGE in August

← August Lunch & Learn

Annual Picnic ↓



← SAGE Upstate Table, Pride Day at the NY State Fair



Thank you to Bonnie Strunk and FAIR-NY for organizing Pride Day at the Fair and the LGBTQ Info Booth!



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