

First time in person since 2019!



11th Annual SAGE Upstate Community Celebration & Dinner

Saturday October 21, 2023
Silent Auction/Reception, 5:30 pm
Gourmet Dinner, 6:30 pm
Program, 7:30 pm
Harrison Center, All Saints Church
1340 Lancaster Avenue, Syracuse



Program Speaker:
Father Fred Daley

Cabaret Singers from the Syracuse Lesbian and Gay Chorus:

- Ron Baldwin
- Ali Loomis
- Kate Kearney & Stacy Sceiford



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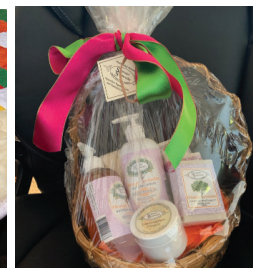
Join us for the first in-person Community Celebration since 2019! The evening begins with a reception from 5:30 - 6 :30 pm. Enjoy hors d'oeuvres, socialize, and peruse fabulous auction items. When it's time to sit down, choose your seats at any table. Volunteer table hosts bring tablecloths, place settings, centerpieces and other pretty things. Each table is hand-decorated with care and seeing them all together makes the event so festive. We still need a few more volunteer hosts – there is no obligation to fill the seats. We are just looking for "atmosphere." Interested? Let us know.

At 6:30, there will be a welcome from SAGE, then dinner will be served. You'll have some more time to bid in the auction after dinner, but you'll want to get those bids in. When the program starts, the auction is over. You can claim your prizes after the show.

Our program features a talk by Father Fred Daley and cabaret singers from the Syracuse Gay and Lesbian Chorus: Soloists Ron Baldwin and Ali Loomis, and a duet by Kate Kearney and Stacy Sceiford.

To register: You can use the form on the back of this newsletter. Suggested donations start at \$25, but any amount is fine. You can also pay with your charge card at sageupstate.org under the "donate" tab -- please write "dinner" in the description.

Check out these treasures! Soon you'll see them all at sageupstate.org. Stay tuned!



Second Sunday Potluck

10/8: Halloween Fun

See a slideshow of Halloween Dance Costumes over the years. Games and PRIZES! Social time starts at 3:00, Program starts at 4:00, Dinner follows program.



10/24: SAGEVets Harvest Meal

Join other LGBTQ Vets for dinner and socializing. Please RSVP to Leslie at llamb@sageupstate.org or 315-478-1923



Lunch & Learn: 911 Calls Tuesday, 10/24 11:30 am

Learn how operators ask the questions that save lives and protect the public, while also ensuring the safety of first responders when Regina Morris presents at this gathering. Please RSVP to tjohnson@sageupstate.org by Friday 10/20. Lunch will be provided, please let us know if you have any food allergies.

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 5:30 Writers 7:00 Knitting & Fiber Arts	5 6: Dining Out	6 11 am Fitness Class 3 pm 1st Friday Social	7 2 pm Utica Social
8 2nd Sunday Potluck 3pm social time 4pm program, dinner after	9 <i>Office Closed</i> 6 pm Men's Group	10 5:30 Crafting	11 5:30 Writers 7:00 Knitting & Fiber Arts	12 10 am Walking 9:30 Breakfast Out 11:30 Cortland Lunch	13 11 am Fitness Class 11 am Oswego Social	14
15	16 11 am Fitness Class 6 pm Men's Group	17	18 5:30 Writers 7:00 Knitting & Fiber Arts	19 10:00 Walking 5:30 Queer Night@ Everson	20 11 am Fitness Class 7 pm Men's Night Out	21 5:30 Community Dinner 7 Gender Blend
22	23 11 am Fitness Class 6 pm Men's Group	24 11:30 am Lunch & Learn 6 SAGEVets: Harvest Meal	25 5:30 Writers 7:00 Knitting & Fiber Arts	26 10 am Walking Group	27 11 am Fitness Class	28 7:00 pm Halloween Dance
29	30 11 am Fitness Class 6 pm Men's Group	31			A TQIA+ Social Support Group This month, come to the Dinner with Johna, or Meet on Zoom with Kelvin (link at sageupstate.org). Meets monthly, 3rd Saturday	

Community Dinner: Saturday, October 21-- see front page
Cortland -- Join us a gathering of LGBTQ+ folks to socialize and talk about programs in the Cortland area.
Crafting: Join Leslie and your SAGE crafting friends every 2nd Tuesday at 5:30 in the SAGE Upstate Center
First Friday Social, at 3:00 in the Center-- games and socializing.
Fitness: Mondays and Fridays at 11 am. Join us in the SAGE Upstate Center and use our new equipment-- zoom participation available also-- see link info at sageupstate.org
Halloween Dance: Saturday, October 28 -- Music by DJ Rockin' Robin, snacks & pizza, costume contest. See you here!
Knitting & Fiber Arts, Wednesdays at 7 pm. Fiber arts & conversation. In person only. For fiber artists of all skills
Lunch and Learn: 11:30 am. Please RSVP in advance (share dietary restrictions) tjohnson@sageupstate.org or 315-478 1923 Free, lunch provided. This month: 911 Operators

Meals Out : Dinner, 1st Thurs, 6 pm. Breakfast, 2nd Thursday, 9:30 am. No Lunch gathering this month.
Men's Night Out: Join SAGE guys in the Center for socializing. Third Friday, 7:00 pm. Includes pizza and food!
Oswego Social, 2nd Friday, 11 am-- call for location
Queer Night: Shared stories from older and younger LGBTQ+ people. Everson Museum, 401 Harrison St. Syracuse. (see next pg)
SAGE Vets: Social and program for LGBTQ Veterans-- 4th Tuesday, 6:00 pm
Gender Blend, the new Trans Social, 3rd Saturday, socializing/support for Trans community. On Zoom and in person. Log in details at sageupstate.org
Utica Social: Join SAGE folks from Utica on the first Saturday of the month, 2- 4 pm at Utica Unitarian, 10 Higby Rd
Walking Group, Thurs at 10 am, location varies, call us.
Writers Group, Wednesdays at 5:30 pm: All genres and experience levels welcome. Offered on Zoom only-- link at sageupstate.org

COVID-19 information

It's a good time to get your booster! The COVID strain going around is very contagious. Ask your doctor whether you need a shot for the flu, RSV, or shingles too. Most pharmacies are scheduling now for all of these. If you need help finding a place, see www.vaccines.gov/

Use the **COVID-19 County Check** at the CDC website (click on the COVID button on the home page) to get information about COVID levels in your county. You can also order **free at-home test kits** on this site.

At SAGE, we will provide masks and hand sanitizer at programs and events. Everyone should feel free to distance – all preferences will be respected. We ask that you **stay aware** of COVID levels as we go forward. SAGE will adopt further precautionary measures if necessary – stay tuned to our website and Facebook page.

Cards & Calls

Would you like to help us spread a little kindness to our SAGE friends who are isolated? Twice a month, volunteers will gather at the Center to make phone calls and send out birthday cards and notes. Interested? Contact Trish at tjohnson@sageupstate.org or call 315-478-1923 x2.

NEW YORK STATE SENATOR
JOHN W. MANNION
50TH SENATE DISTRICT

Senior Fairs 2023

OCT 11
10AM-2PM
ONONDAGA
COMMUNITY COLLEGE
SRC ARENA

OCT 17
11AM-3PM
SUNY OSWEGO
MARANO
CAMPUS CENTER

Come! Learn
of services for
your health
and wellbeing!

THANKS!!
to our sponsors!

Wegmans @NONDAGA
pharmacy COMMUNITY COLLEGE

UPSTATE OSWEGO
Independent Living Program

Advocate Health LLC | Aetna Medicare Solutions | Humana

MARK
YOUR
CALENDARS

Queer Night @ Everson

Shared Stories Between Generations:
SAGE Upstate & the Q Center
Thursday 10-19, 5:30 at the Everson

It will be a night for storytelling between LGBTQ+ generations. This event, hosted by SAGE Upstate and the Q-Center, and the Everson, brings together older and younger LGBTQ+ individuals to share personal journeys, joys, challenges, and everyday experiences of being queer. Light snacks and refreshments included.

5:30 - 6:00: *Drag Docents: Tour of Pepe Mar: Magic Vessel*

6:00 - 7:30: *Community Table Discussions*

7:30 - 8:00: *Speakers from SAGE Upstate*

Meet your SAGE friends for a meal!

Would you like to receive emails about SAGE Dining Out events? Contact Kim at 315-478-1923 or kdill@sageupstate.org. Your info will be passed on to Ron, who leads these groups. This month:

1st Thursday Dinner: 10/5, 6:00 PM,
Red Chili, 2740 Erie Blvd East

2nd Thursday Breakfast: 10/12, 9:30 AM,
Gardenview Diner, 650 Old Liverpool Rd (13088).

No 3rd Thursday Lunch This Month:
Come to the Community Dinner on 10/21!

Outside of Syracuse

Cortland: Join us on 10/12 at 11:30 am for Lunch at BRU 64. We are looking to do more programming in Cortland and this is a chance to meet other LGBTQ+ folks in the area and discuss ideas for future programming.

Oswego: Starting November 19, Oswego potlucks return to Trinity Methodist Church – this month we'll gather at Mimi's on the 13th.

Utica: Every 1st Saturday at Utica UU.

Sage Upstate

HALLOWEEN DANCE

with DJ Rockin' Robin

GET YOUR COSTUME READY!

Saturday, October 28, 7 - 10 pm
Spooky fun, chill music, devilishly good refreshments.

50/50 RAFFLE!

Use the enclosed form for a chance to win!





431 E. Fayette St. Suite 050
Syracuse, NY 13202

Address service requested

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Permit 1930



Reserve your seats for the 11th Annual SAGE Upstate Community Celebration & Dinner

Please respond by October 16. Seating is reserved on a first-come first-served basis.

Name _____ No. of Attendees _____

City, State, Zip _____

Phone _____ Email _____

I am unable to attend, please accept my donation of: \$ _____

Amount you wish to give: \$ _____ \$25 \$50 \$75 \$100 or more

Payment by Cash Check Credit Card

Card # _____ exp. _____ CVV# _____

The dinner will be a gourmet meal (vegetarian available). Thank you for your generous donation. Questions? 315-478-1923 or kdill@sageupstate The event facility is wheelchair accessible and the program will be sign language interpreted.

Mail to SAGE Upstate, 431 E. Fayette St., Syracuse, NY 13202

Please provide the names of additional attendees for nametags.