

2ND SUNDAY POTLUCK

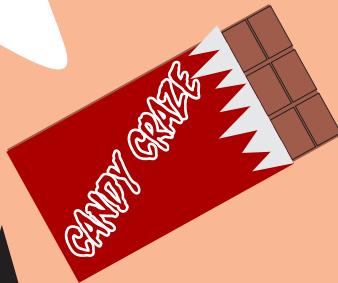
OCTOBER 11

**HALLOWEEN
GAMES**

Hosted by Tim Lattimore



NAME THAT
HORROR MOVIE



WHICH WITCH
IS WHICH?

HALLOWEEN TRIVIA

????????????



JOIN US IF YOU DARE!

Social Time: 3:00

Program: 4:00

Dinner: 5:00

Community Dinner Draws 100+



People came out to celebrate SAGE, have a great meal, bid on a bevy of auction items and see a great show at the 14th Annual SAGE Upstate Community Dinner, held September 26 at All Saints Center. Dan Bishop-Basler and Katherine Lowe led a kitchen crew that delivered delicious Chicken Marsala and exquisite Eggplant Parmesan. There were 39 items in the auction, ranging from

a basket of pride gear to beautiful paintings, to electronics and lovely crocheted pieces. Electra Qute, Lez Kneelson, and Arista Krat took the stage for a fabulous show, and they donated all the tips they received on the floor. Thank you to all who joined us for an enchanting evening. Thanks go to many folks-- see a list on page 2. Here are a few photos-- see more inside.



Sage Upstate

HALLOWEEN DANCE

10/31, 7 PM

Music by DJ Rockin' Robin	Costume Contest 50/50 Raffle Ticket form on p 7	2nd floor ballroom, 431 E Fayette St. \$10 (more if you can, less if you can't)
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SAGE Upstate News is published monthly for and about older

Lesbian, Gay, Bisexual, Transgender, Queer and Questioning (LGBTQ) people in CNY, and Trans, BIPOC, and Rural people of all ages. SAGE Upstate is a nonprofit organization working to reduce isolation and improve health for LGBTQ communities. Board meetings are open to the community. For more information: kdill@sageupstate.org. All activities are accessible unless otherwise noted. Interpretters and large print publications are available on request.

SAGE Upstate Board

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Tim McCoy
Trans Empowerment Initiative Coordinator
Valerie Grant
Trans Empowerment Initiative Outreach

SAGE Upstate is funded by the the NYS Department of Health LGBTQ Services, Onondaga County Dept. of Adult and Long Term Care Services, NYS Legislative funding through the Office of Senator Rachel May, Allyn Foundation, NYS Legislative funding through the NYS DOH, Carrier, Eastwood Rotary, donors, events, and business sponsors.

Thank You

To all who made the Community Dinner Possible



Auction Donors

Align Chiropractic
Ron Baldwin
Walla Berger
Cafe Kubal
Callie Campbell
Denise Cody
Del Lago Resort
Kim Dill
Will Doswell
Foxwood Resort & Casino
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The Rev
Strong Museum
Sugartop Bakery
Sweet On Chocolate
Syracuse Orchestra
Syracuse Stage
Terry Taylor
Clayton Terry
Lee Turner
Lucy Twichell
Utica Group
Sandy Walker Estate
Colleen Wickert

Kitchen Crew



Dan Bishop-Basler
Katherine Lowe
Tracy DeLee
Audrey Turner
Lee Turner

Table Hosts

Kevin Bailey	Rita Gram &
Keith Bertrand	Sue Friedland
Ron Baldwin	Nancy Gwin
Bob Bezy	Robin Latham
Dan Bishop-Basler	& Dori Colvin
Denise Cody	Katherine Lowe
Gary Fitzgerald	Syracuse Queer
Valerie Grant	History Coalition
	Terry Taylor



Servers, Set Up, Clean Up, Auction Outreach

Alfred Arduini	Greg Lewis
Bob Bezy	Huijun Li
Callie Campbell	Katherine Lowe
Denise Cody	Tim McCoy
Liz Dietz	Scott Milner
Joey Distefano	Luna Perry
Rachel Fabi	Nate Sceiford
Barb Genton	Michael Silva
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Monica Hamilton	



Multiple Minority

Many of us use the acronyms BIPOC and LGBTQ+ (or LGBTQIA+) in our daily lives, or we've at least seen them in conversations about identity, equity, and justice. We're familiar with the discrimination faced by people within the BIPOC community and the LGBTQIA+ community. But far fewer of us stop to consider the unique challenges experienced by people who belong to both communities at once. This dual existence — known as multiple minority — compounds the pressures already faced by someone navigating one marginalized identity.

Multiple minority refers to belonging to more than one marginalized or subordinate social group at the same time. Being both LGBTQ+ and BIPOC is one example. Other examples include a Black woman navigating both racial and gender bias, or an Indigenous person who is low-income and speaks English as a second language. These overlapping identities don't simply stack; they interact, shaping a person's daily life in ways that are often invisible to those who don't share those experiences.

Understanding this concept matters because the biggest challenge of living as a multiple minority is being subjected to compounding

oppressive systems — racism, homophobia, transphobia, xenophobia, misogyny, and other forms of bias. These forces don't operate separately; they reinforce one another. The result is a heightened risk of discrimination, stigmatization, and fear of rejection, all of which can deeply affect mental and physical health.

And the complexity doesn't stop there. For many multiple-minority individuals, discrimination can come not only from outside groups but also from within their own communities. A queer Black person may face racism in LGBTQ+ spaces and homophobia in Black spaces. An Indigenous trans person may experience transphobia within Indigenous communities and anti-Indigenous bias in queer spaces. This internal tension — wanting belonging but encountering exclusion — is one of the most painful and least discussed aspects of multiple-minority life.

Yet even with these challenges, multiple-minority communities continue to create joy, culture, resistance, and brilliance. Their stories remind us that identity is not a burden; it is a source of depth, resilience, and perspective.

While the systems that create



by Tim Lattimore

these challenges are real, so is our ability to support one another. We can all help by practicing intentional inclusion — listening more deeply, challenging bias when we see it, and making space for people whose experiences differ from our own. We can uplift multiple-minority voices, advocate for policies that protect marginalized communities, and build environments where no one has to choose between parts of themselves to feel safe.

Most importantly, we can remember that solidarity is not abstract. It is built through everyday choices: showing up, speaking up, and believing people when they tell us what they need. When we honor the full complexity of people's identities, we create communities where everyone has room to breathe, to belong, and to thrive.



Take care of yourselves and BE KIND to one another.

Anyone want to learn to play Spades?



If you'd like to learn, Tim would like to teach you! If there's interest, we'll have a program where you can learn, then play. Let us know!

Open To All

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10 am Walking 6 pm Dinner Out	2	3 2 pm Utica Potluck
4	5 5:30 Walking group 6 pm Monday Men's Group	6 6 pm Bonding Brothers 6:30	7 10:30 Silver Strings 5:30 Writers 6 pm SAGE Sapphics	8 10 am Walking 9:30 Breakfast Out	9	10 2 pm Utica Trans Spectrum Group 7:00 Trans- feminine Group (formerly Gender Blend)
11 12:15 Syr. Gay Film Society 3 pm Second Sunday Potluck	12 5:30 Walking 6 pm Monday Men's group	13 6:30 Transmas- culine Spectrum group	14 5:30 Writers 7 pm Nonbinary Connections	15 10 am Walking 12:30 Lunch Out	16 7 Men's Night Out	17 12 pm Disabled, Queer & Still Here
18 Noon, Queer History Coalition	19 5:30 Walking group 6 pm Monday Men's Group	20 6 pm Bonding Brothers	21 10:30 Silver Strings 5:30 Writers	22 10 am Walking	23	24 7 pm Trans Connections Plus
25 12:15 Syr. Gay Film Society 3 pm Syracuse Queer History Coalition Oral History Work- shop	26 5:30 Walking 6 pm Monday Men's	27 11:30 am Lunch & Learn: Advocacy 6:30 Transmasculine Spectrum group	28 5:30 Writers	29 10 am Walking	30 6:30 Freaky Film Friday	31 7 pm Halloween Dance 

Center Drop-In Hours: 3:00 - 6:00 pm Monday - Friday

Bonding Brothers: Men's social/support group, 1st and 3rd Tue. at 6 pm.
Disabled, Queer and Still Here: peer led group for people who identify as LGBTQ+ and disabled
Halloween Dance-- DJ Rockin' Robin, Costume contest, 50/50 raffle
Lunch & Learns meet at SAGE. For details see p 5
Monday Men's Group: closed support group, takes new members twice a year.
Meals OUT -- Dinner on the 1st Thursday Breakfast on the 2nd Thursday, and Lunch on the 3rd Thursday, See details next page.
Men's Night Out: Social for SAGE guys, 3rd Friday, 7 pm.
SAGE Sapphics: New group-- see next page.

Silver Strings: group for guitar, ukelele and banjo players of all levels.
Syracuse Gay Film Society: See details on p. 7
Syracuse Queer History Coalition: meets monthly to gather local queer history, build intergenerational community, plan events.
Trans and Nonbinary groups-- see full list p. 7
Utica Potluck 1st Sat. 2- 4 pm, for all in the Utica area and beyond. Bring a dish to pass if you are able. Details p.6.
Walking Group Mondays (5:30 pm) meets at the Visitor Center at Onondaga Lake Park & Thursdays (10 am) meets at the benches by Panera at Destiny.
Writers Group, Wednesdays at 5:30 pm: All genres and experience levels welcome. Offered on Zoom only-- link at sageupstate.org .



Lower Adirondack
PRIDE

Lunch & Learn
10/27:
Advocacy!



This month we'll have a visit from Cam Cardinale from Lower Adirondack Pride and Meagon Nolasco from Collar City Pride. They'll tell us about making your voice heard in NY State, including -- what advocacy is, how you can advocate for your community and yourself and how important advocacy work is.

Lunch and Learns are held at SAGE Upstate, located in the CNY Philanthropy Center, 431 E Fayette St. Programs start at 11:30 and lunch is served at 12:30. Please R.S.V.P. to Leslie at llamb@sageupstate.org or by calling 315-478-1923. Let us know of any dietary restrictions.

Program News



by Leslie Lamb, Program Director

Syracuse Gay Film Society



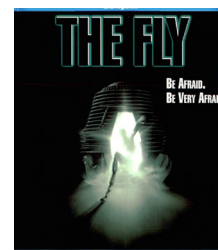
Sunday October
11:45 Doors Open, Social Time
12:00 Announcements, Icebreakers, and one round of "Actor's Roulette."

12:15 Trixie Mattel: Moving Parts, Documentary (2019), dir. Nicholas Zeig-Owens. Stars drag queen and singer-songwriter Trixie Mattel.



Sunday October 25
11:45 Doors Open, Social Time
12:00 Announcements, Icebreakers, and one round of "Actor's Roulette."

12:15: Every Body, Documentary (2023), dir. Julie Cohen. According to NPR, the film "uncovers the misconceptions around intersex people and the mistreatment they've faced."



Friday October 30
Freaky Final Friday
6:15 Doors Open, Social Time
6:30 The Fly, Horror/Science Fiction (1986), dir. David

Cronenberg. An eccentric scientist (Jeff Goldblum) experiment goes wrong, and he slowly turns into a fly-hybrid creature.



Disabled, Queer, and Still Here

A peer-led, supportive group for people who identify as LGBTQ+ and disabled. Allies welcome. First meeting: Bring a mobility aid to decorate (or a craft project!) and connect with other people in the disabled/LGBTQ+ community. Limited craft supplies available.



Utica Potluck 1st Saturday, 2 pm

Utica Unitarian, 10 Higby Rd.

Silver Strings is back!

Do you play guitar or ukelele or banjo? Would you like to learn? Join this group of players of all experience levels, which meets twice monthly -- the 1st and 3rd Wednesday at 10:30 am -- in the SAGE Upstate Center. This group is for everyone who wants to play -- from seasoned pickers to absolute beginners -- everyone welcome.



Meet your SAGE friends for a meal

1st Thursday Dinner, 10/1, 6 pm

Empire Buffet, 3179 Erie Blvd East

2nd Thurs. Breakfast, 10/8,

9:30 am *Gardenview Diner, 650 Old Liverpool Rd.*

3rd Thurs. Lunch: 10/15,

12:30 pm *Finally Ours, 3788 West Seneca Tpke*

Please RSVP with Ron or email Leslie at llamb@sageupstate.org

Community Dinner



Syracuse Queer History Coalition

On Sunday October 4, the SQHC will host Gay & Lesbian Field Days at Thornden Park, a historic site of gay and lesbian gatherings. (Leslie will be running games there).

Join the SQHC for an Oral History Workshop on Sunday, October 25, 3 pm, at SAGE. The program features Dr. Dan Royles, author of To Make The Wounded Whole: The African American Struggle Against HIV/AIDS.

For more info:
@syracusequeerhistory

TRANS EMPOWERMENT INITIATIVE

Sage
Upstate

Trans & Gender-Diverse Groups
FOR ADULTS OF ALL AGES

Syracuse groups meet at SAGE Upstate
and on Zoom: 431 East Fayette Street,
Syracuse, NY

Transmasculine Spectrum Group

2nd & 4th Tues. at 6:30 PM

Peer support for trans men, transmasculine, nonbinary and Intersex people who identify with the transmasculine spectrum.

Transfeminine Group

2nd Saturday at 7:00 PM

Peer support for transgender women and transfeminine people.

Trans Connections Plus

4th Saturday at 7:00 PM

Trans Connections Plus is a new, inclusive gathering open to all transgender, nonbinary, gender-diverse, and intersex people — along with their partners and allies.

Nonbinary Connections

2nd Wednesday at 7:00 PM

Peer support for Nonbinary, Genderqueer & Gender Expansive.

Utica Gender Spectrum Group

3rd Saturday at 2:00 PM

Supportive space for transgender, nonbinary, gender-nonconforming, intersex, and other gender-diverse adults Meets at: Unitarian Universalist Church 10 Higby Rd, Utica

For more info: 315-478-1923

Tim McCoy or Valerie Grant

tmccoy@sageupstate.org

vgrant@sageupstate.org

Find links at sageupstate.org

HALLOWEEN DANCE 50/50 RAFFLE

Name:

Address , City, State, Zip:

Phone:

Email:

Credit Card #:

Exp:

CVV:

\$5 for one, \$20 for 5. 50/50 raffle will be drawn at the Halloween Dance on 10/31. You need not be present to win.

☐ Bill my card
(write info above)

☐ My check is enclosed

☐ I don't wish to participate, but here is my donation:

\$ _____

Phone #

Name:

Phone #

Name:

Phone #

Name:

Phone #

Name:

Phone #

Name:

Use this form to enter the SAGE Upstate Halloween Dance 50-50 raffle! Fill out the number of tickets you'd like and send in with donation. Mail to SAGE Upstate, 431 E Fayette St. Syracuse, NY 13202 You can also stop into the office or use this QR Code.



Join Us In
Supporting
ACR Health!



STRIKE OUT STIGMA

ROME • FRI OCT 9 • 5:30-8:30 PM • KING PIN LANES

LIVERPOOL • SAT OCT 10 • 1-4 PM • FLAMINGO BOWL

WATERTOWN • SAT OCT 17 • 3-6 PM • PLA-MOR LANES

\$25 /person • **\$100** /team of 4 | secure.qgiv.com/event/sosbowl/ • 2026 event.

We're excited to come together to participate in Strike Out Stigma, a fundraiser supporting ACR Health. Here's how you can help: **Donate:** Contribute whatever you can. Every dollar counts! **Spread the Word:** Share our fundraising page with your friends, family, and social networks. Let's spread awareness so we can raise more!

Join our team or donate at <https://secure.qgiv.com/event/sosbowl/team/1050068>

We'll be playing on 10/10 at Flamingo Bowl in Liverpool.



431 E. Fayette St. Suite 050
Syracuse, NY 13202

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YES, I WANT TO SUPPORT SAGE!

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

☐ Bill my card for \$_____/month

☐ Bill my card for the one time amount of \$_____

My check is enclosed for \$_____

Payment Information

Fill out donation amount on the other side

☐ My check is enclosed

☐ Please charge my card

Card Number: _____

Exp: _____ CVV# _____

Signature _____

Mail to: SAGE Upstate
431 E Fayette St. Syracuse, NY 13202