What’s your favorite SAGE memory? Come and share your memories with your SAGE friends at a reception on the Second Sunday in November. There will be hors d’oeuvres, punch, and a slide show from the last 25 years. The reception is part of our celebration of both the past 25 years, and the next 25. Soon, on our website you will be able to view video segments of SAGE’s founders discussing how our organization was established. We will also be distributing a memory book next year, featuring a written history and plenty of photos. Look for more events in 2023, including (if possible) an in person dinner. Stay tuned for more info. The reception will be held in the 2nd floor ballroom at 431 E. Fayette St. in Syracuse.

Amy E. Bartell designed the logo for SAGE’s 25th Anniversary, stating: SAGE Upstate’s ‘special edition’ logo celebrates 25 years of courage, compassion and community. I have incorporated the existing logo, but modified its colors by inverting them, creating a new frame of reference through which to consider our identity. The colors of the LGBTQ flag are represented at the top as a banner under which we march. The text for “25 years” breaks the frame of the green circular shape, implying that we push and move beyond borders.

Holiday Auction: 11/14 - 12/12

You may have bid on an item or two at our Community Dinner Silent Auctions in the past (items from 2019 are pictured above). This year, the Auction is back, now online-- treasures that you can’t live without await you! The auction will open on 11/14 and continue through 12/12, so you’ll have a month or so to bid, rebid, and outbid on art, technology, handmade items, dinner gift cards, theater tickets and more. The auction link will be posted at sageupstate.org on 11/14. If you are unable to access it on line and would like to participate call SAGE. You can use a computer in our center to view and bid on items, and we can help.
### November 2022

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### Drop-In Hours at the Center:
3:00 pm to 6:00 pm, every Tue, Wed, Thu.
Need to come a different time? Just call.

#### Breakfast Club, 2nd Wednesday, 9:30.
SAGERS meet for breakfast. To be added to list: 315-478-1923 email kdill@sageupstate.org. Reservations required. See page 3 for location.

#### Falls Prevention Fitness Class: In person and online Mondays and Fridays at 11 am. Meeting ID # 894 0192 9890  Passcode: 1969

#### First Friday Social, every first Friday at 3:00 in the Center—games and socializing. In person only.

#### HIV/AIDS Testing by ACR Health at SAGE, Free and confidential testing for HIV, syphilis, and Hep C. 3rd Thursday 3:00-6:00 pm

#### Knitting & Fiber Arts, 2nd and 4th Wed at 7 pm. Fiber arts & conversation. In person and on Zoom. Meeting ID: 812 6815 6658  Passcode: 1969

#### Lunch and Learn: Elder Abuse, 11/29, 11:30 am. Please sign up with Trish in advance (and share any dietary restrictions): tjjohnson@sageupstate.org or 315-315-282-5428. This event is free. See p. 3 for info.

#### Second Sunday: Celebrating 25 years. Sunday 11-13, 4 pm, 2nd Floor Ballroom at 431 E. Fayette St

#### Oswego Social, 2nd Friday, Catholic Charities, 808 W Broadway, Fulton. NY 2nd Friday of the month 10:30-11:30

#### Out For Lunch 3rd Wednesday, 12:30. SAGERS meet for lunch. To be added to the list: 315-478-1923 email kdill@sageupstate.org. In person. Reservations required. See p 3

#### Out For Dinner, 1st Thurs, 6 pm. SAGERS meet for dinner. To be added to list: 315-478-1923 or kdill@sageupstate.org. Reservations required. See page 3 for location.

#### Trans Social, 3rd Sat, 7 pm: Trans-identified people meet for socializing & support. Meeting ID: 896 9963 6095  Passcode: 1969

#### Utica Social: Join SAGE folks from Utica on the first Saturday of the month, 2-4 pm at Utica Unitarian, 10 Higby Rd. Thanksgiving dinner

#### Walking Group, Thursdays at 10 am, meet at Onondaga Lake Park, or Destiny. See Facebook for location

#### Writers Group, Wednesdays at 5:30 pm: All genres and experience levels welcome. Meeting ID: 596 630 088  Passcode: 1969
Jerry Reed joined the US Air Force in February 1967 and was inducted here in Syracuse at the old Chimes building. His duties included basic training in Amarillo, Texas, Television Production at Lowry Air Force Base in Denver, Colorado where they made important training videos for Air Force's electronics tech schools. Jerry served with the American Forces Thailand Network division of the American Forces Radio and Television Service in 1969 during the height of the Vietnam War and was an important part of the war effort, bringing morale building news and entertainment from home. His final duty assignment was the Television Production Facility at Goodfellow Air Force Base in San Angelo Texas. While in the military he was awarded the Air Force Commendation Medal for Meritorious Service 15 January 1969 to 19 December 1969 and was discharged from active duty January 8, 1971 with the rank of Staff Sergeant (E-5). Other military awards and decorations: NY State Conspicuous Service Cross, USAF Good Conduct Medal, National Defense Service Medal, Vietnam Service Medal and the Republic of Vietnam Campaign Medal.

Getting involved in the SAGEVets program is an important extension of Jerry’s Air Force service as many of his peers during that time were released from service under less than honorable conditions, preventing their access to future veteran benefits. One of the SAGEVets efforts is helping older LGBTQ+ vets to get their records upgraded to honorable. SAGEVets is also active in letting older Vets know about the recently passed New York State Restoration of Honor Act. “I’m very pleased to see the recognition being given to vets today” Jerry said. “Businesses are stepping up and our communities are actively honoring veterans on Veterans Day and throughout the year. It’s certainly a welcome change from the anti-war days of the 1960s and 1970s.”

Jerry and his late wife Bonnie raised three children: Robin, Josh and Sarah. He is currently married to John Camilleri who is also active in SAGE Upstate.

Are you LGBTQ+ and a veteran?
Co-chairs Dan Bishop-Basley and Rita Gram are the leaders of our SAGEVets group. They work to build relationships with agencies serving veterans, to invite LGBTQ Vets to monthly meetings, and to make agencies serving older adults aware of the program. SAGEVets will meet quarterly starting January 2023 (on Zoom) and offers connection and information for LGBTQ vets. For more info: kdill@sageupstate.org
**World AIDS Day**

World AIDS Day takes place on December 1st each year. It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from AIDS-related illness.

ACR Health is recognizing World AIDS Day this year on 12/1, noon to 2:00 pm, at Salt City Market Community Room, 484 S. Salina St. The event will offer free testing, personal stories, refreshments, entertainment, raffles and free give-aways. For more info contact Mary Beth Anderson, mbanderson@acrhealth.org or call 315-898-2675.

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**Knitting & Fiber Arts in person and on Zoom twice a month**

The Knitting and Fiber Arts group is coming back to the center -- but you can access it on Zoom too. Join other knitters and fiber artists on the 2nd and 4th Wednesday at 7:00 pm in the SAGE Upstate Center (see link info for Zoom on page 2).

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**SAGE Upstate News 4**

**About COVID ...**

We ask that all participants in SAGE programs are fully vaccinated and boosted. Anyone who would like to wear a mask or keep social distance should feel comfortable to do so at SAGE events. Masks and hand sanitizer will be provided to all who need them. We encourage you to get all of the information you need to make the best decisions for yourself. If you are unable to access the links below, or have questions, contact SAGE at kdill@sageupstate.org or 315-478-1923. More about CDC guidance: cdc.gov/coronavirus/2019-ncov/your-health/understanding-risk.html Where to get a booster: www.vaccines.gov/

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**What’s the difference between SAGE’s Facebook Pages?**

**Public Page**
- Announcements
- Programming
- Events
- Information
- Anyone can like the public page @Sageupstate1

**Private Group**
- Memes
- Jokes
- Personal comments
- Photos
- Shared Events
- PRIVATE, only group members have access

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**Utica & Oswego**

**Oswego Social:**
2nd Fri. 11/11
10:30 am
Catholic Charities
808 W Broadway,
Fulton, NY

**Utica Social:**
1st Sat. 11/5, 2 pm
UU at 10 Higby Rd.
Thanksgiving

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**Utica & Oswego**

The Knitting and Fiber Arts group is coming back to the center -- but you can access it on Zoom too. Join other knitters and fiber artists on the 2nd and 4th Wednesday at 7:00 pm in the SAGE Upstate Center (see link info for Zoom on page 2).
Dining OUT with your SAGE Friends

SAGE friends meet 3 times per month at local restaurants—once for dinner, once for breakfast, and once for lunch. Would you like to receive emails about these events? Contact Kim at 315-478-1923 or kdill@sageupstate.org. Your info will be passed on to Ron, who leads these groups. Here are this month’s locations:

To arrange for your seat at the table, RSVP to Ron or contact Kim at 315-478-1923 or kdill@sageupstate.org.

Dinner on First Thursday
11/3 Dinner, 6:00 pm, Thai Thai, 3138 Erie Blvd East

Breakfast on Second Wednesday
11/9 Breakfast, 9:30 am, Finally Ours, 3788 West Seneca Tpk

Lunch on Third Wednesday
11/16 Lunch, 12:30 pm, Biscotti Cafe & Pastry Shop, 741 North Salina St.

Artistry and Poetics: Works of Branwen Drew

November 1 - December 30

Opening Nov. 3, 5 - 7 pm with Poetry Reading at 6 pm

From Branwen: "I have been drawing and painting for as long as I can remember. My favorite media is scratchboard. My visual art and poetry inspired my journey as a transwoman, and the outdoors. The show contains works of multi-media, collage, scratchboard and other media." The exhibit will be held at Cinema Capitol, 230 W Dominick St. in Rome

For more info:
Elder Abuse, Neglect, and Financial Exploitation

Loren Ulrich, Abuse in Later Life Prevention & Outreach Coordinator will speak at our November Lunch and Learn about elder abuse, financial exploitation, and scams. Abuse is any repeated behavior used to control you physically, sexually or emotionally. Neglect is a caregiver’s refusal to provide for your safety, physical or emotional needs. Exploitation is stealing money or property or using money as a way to maintain control. Please RSVP (deadline Friday, 10/21) to Trish, including any dietary restrictions. Email to tjohnson@sageupstate.org or call/text to 315-282-5428.

Elder Abuse:

... is an under-recognized problem with consequences that can be devastating and even life-threatening.

... doesn’t discriminate— it affects older adults across all socio-economic groups, cultures and races.

... is likely (90%) to happen at the hands of family members.

... can occur anywhere, but most often goes undetected at home.

... occurs at a disproportionately higher rate than the abuse of younger adults; 14% of adults over 60 have been abused, and this number grows to 50% of individuals with dementia.

... is unlikely to come to the attention of authorities– a recent New York State prevalence study of elder abuse determined that only 1 of approximately 24 incidents is reported

... costs older adults billions per year from elder financial exploitation.

Vera House
24-Hour Crisis & Support Line:
315-468-3260
Help keep SAGE Upstate strong enough to improve health and reduce isolation for older LGBT people during these challenging socially distant times and beyond.

I want to keep SAGE Upstate strong!

Name:
Address, City, State, Zip:
Phone:
Email:
Credit Card #:
Exp: CVV_______

Choose One

- Please accept my one time gift of $_______
- I pledge $_______ per month
- □ Check enclosed
- □ Bill my card one time
- □ Bill my pledge monthly until I stop

Can we recognize your gift in SAGE Upstate publications? □ Yes □ No

Mail to
SAGE Upstate, 431 E Fayette St.
Syracuse, NY, 13202